



Native Seed to Winter Sow

Listed below are some of the common seeds used to winter sow. If you have other seeds you are interested in planting, either check the seed packet or investigate if the seed/plant requires cold stratification. Remember, the larger the seed, the deeper it must be planted.



***Asclepias incarnata*,
Rose Milkweed**

Full sun – partial; wet-medium wet soil; 4' tall, space 18" – 36" apart, blooms pink/red June – August

Winter Sow: Sow seed 1/4" deep



***Verbena bonariensis*,
Tall Verbena**

Sun; 4' tall (airy, wiry), space 15" – 18" apart; blooms purple, June – September

Winter Sow: Sprinkle seed on surface, pat down with back of spoon. Do not cover with soil. Seed slow to germinate. Germinate.



***Asclepias syriaca*,
Common Milkweed**

Deer Resistant, full sun – partial; moist – dry soil; 3' tall; space 2' – 3' apart; blooms pale lavender, sweet scented, June – August

Winter Sow: Sow seed 1/4" deep

Verbena is an annual, meaning its life cycle is one growing season, but it may self-seed and sow.



***Agastache foeniculum*,
Anise Hyssop**

Deer Resistant, Full sun – partial; medium – medium dry soil, 3' tall, space 12" – 16" apart; blooms blue, June-Sept

Winter Sow: This seed is tiny! Scatter on top of soil (no need to remove 'fuzz') and lightly pat to make sure the seed makes contact with the soil.



***Echinacea purpurea*,
Purple Coneflower**

Deer Resistant, full sun – partial; 4' tall; space 18" – 24" apart; blooms July – Sept

Winter Sow: plant seed 1/4" deep